

Inviting Hoosier Kids to Reconnect with Nature

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Oxford Junior Dictionary's replacement of 'natural' words with 21st-century terms sparks outcry

Margaret Atwood and Andrew Motion among authors protesting at dropping definitions of words like 'acom' and 'buttercup' in favour of 'broadband' and 'cut and paste'

Five simple ways to get your child into the wild

Alison Flood

Tuesday 13 January 2015 02.00 EST



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increasingly interior, solitary childhood ... a toddler with an iPad. Photograph: Alamy

"A" should be for acorn, "B" for buttercup and "C" for conker, not attachment, blog and chatroom, according to a group of authors including Margaret Atwood

Most popular in US



Call for Ray Bradbury to be honoured with internet error message



Olympiakos v Arsenal: Champions League live!



Trump attended fundraiser for Sinn Féin before London terror



Justice Scalia: minority students may be better off where 'they don't feel Today, kids spend the equivalent of a fulltime job on their electronic devices, more than 4 times what pediatricians recommend.

-- Kaiser Family Foundation study, 2010





2015 Headlines: Nature, Kids & Health

New children's zoo aims to cure 'nature deficit disorder'

Nearsightedness: Myopia Risk Reduced When Kids Play Outdoors More Science World Report

Kids Need Nature to be Healthy Marian University

The Nature Cure: why some doctors are writing prescriptions for time outdoors The Atlantic

E.O. WILSON EXPLAINS WHY PARKS AND NATURE ARE REALLY GOOD FOR YOUR BRAIN WASHINGTON POST

Study Proves Farm Dirt Is Beneficial for Children's Health - Wide Open Country

Send children outside: Nature is the best training ground for STEM careers Pittsburgh Post-Gazette

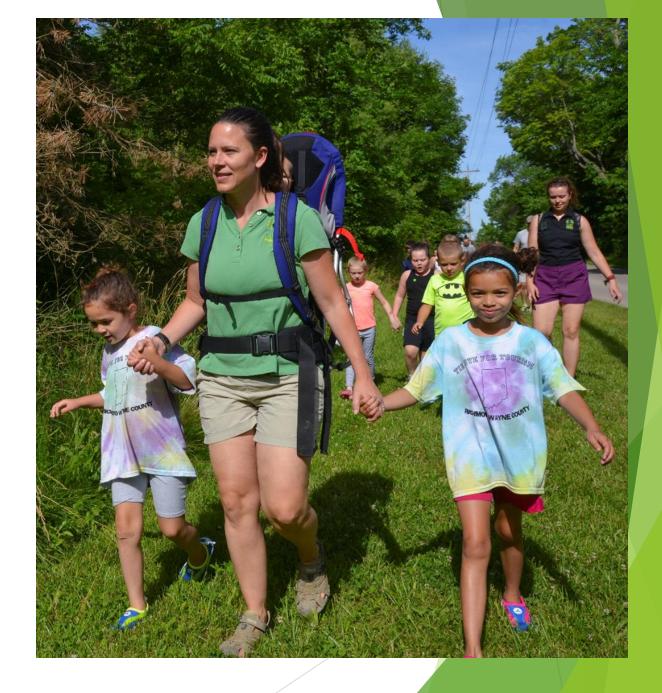
"If everyone visited their local parks for half an hour each week, there would be 7 percent fewer cases of depression and 9 percent fewer cases of high blood pressure,"

-- "Health Benefits from Nature Experiences Depend on Dose" a study by Danielle Shanahan, an ecologist from the University of Queensland, 2016



Reconnecting children and nature is important for kids' health and well being...

...as well as for the future of conservation.



Two resources to help you get started:

- Children of Indiana
 Nature Park
- Indiana Children & Nature Network





Partners behind the Park





Making Sense of Sustainability







Approach for the Children of Indiana Nature Park

- Give every school-aged child in Indiana (1.1 million) the opportunity to "own" their place in the Park
- Provide a powerful platform (website) for students to learn and develop a vested interest in the land
- Empower and inspire a generation of Hoosiers to "love my land" as children and adults
- Help inspire investments in conservation
- Develop an approach that is scalable to other parks, in Indiana and beyond

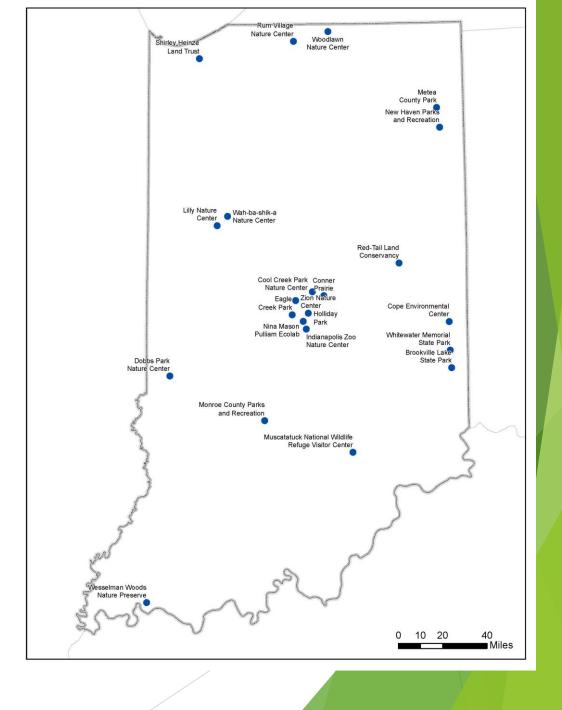






Bicentennial Nature Center Network





Passing the Gift of Nature



"Giving a deed of nature to Hoosier children in celebration of Indiana's 200th Birthday is a wonderful legacy."

Karen Pence First Lady and Bicentennial Ambassador



"Thank you for letting me participate along with my son. The event was a very important teachable moment for Fernando, this dad, and I hope all the other children present."

Craig E. Hartzer, Ph.D.
Chief of Staff
Indiana Department of Education



It makes me feel a part of something, like I can actually do my part.

Holly, Hamilton County



I like it because I get to care for a piece of land. I think it will be fun to call a piece mine.

Ocean, Marion County

www.ilovemyland.org

- Deed distribution
- Viewing area surrounding deed coordinate
- Educational information about the Park
- Online library of educational curricula
- Outdoor Fun: regular, interactive activity for groups and participants



Help Reconnect Kids and Nature

- Take young people outside!
- Include Nature IN-Deed distribution with activities at your park
- Incorporate the curriculum and/or environmental learning guidelines
- Use "Outdoor Fun" prompts at www.ilovemyland.org for programs



Indiana Children & Nature Network



We offer:

- Family Nature Clubs
- Family Nature Club Training
- Advocacy with medical community
- Early childhood education



Indiana Children & Nature Network

Attend a Nature Play Day!

Nature Play Days across the state are a great time to get outdoors with your family! Host a Nature Play Day!

Register your event with ICAN for additional support, materials, training, and promotional assistance!



#ICANNaturePlayDay

Share photos from your NPD using the hashtag to win great prizes!

Find a Nature Play Day near you, register your event, and learn more about children and nature at:



www.IndianaChildrenAndNature.org

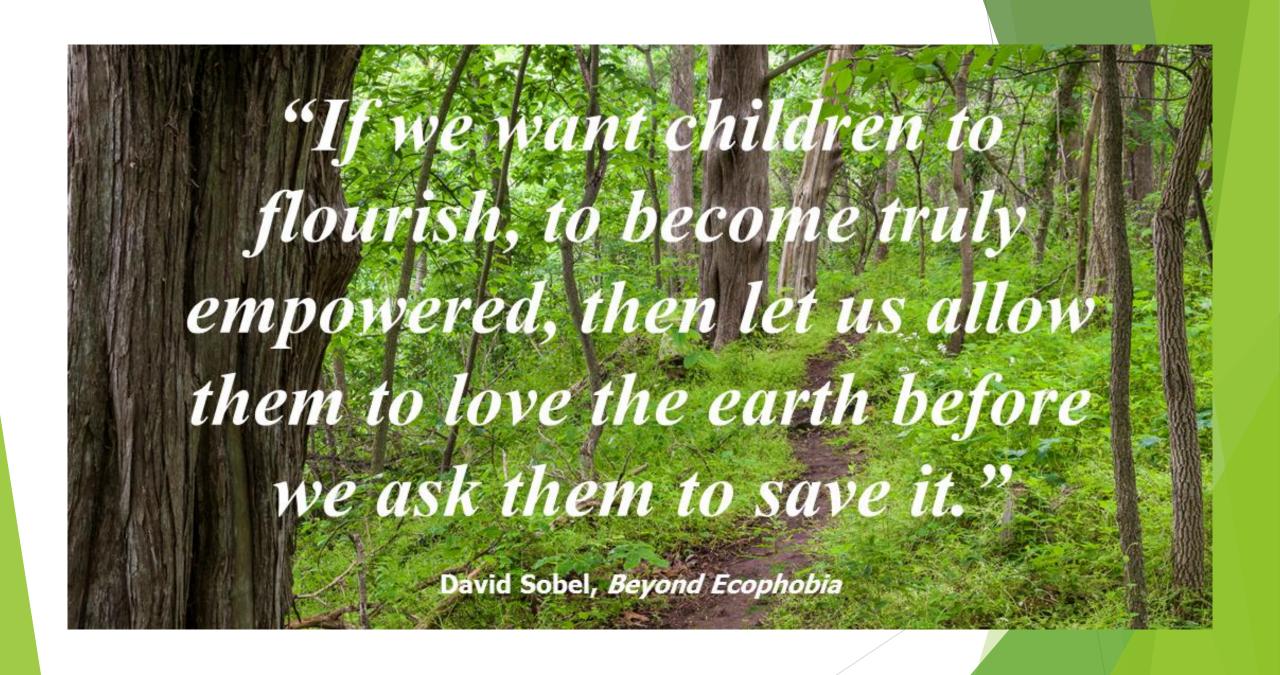


Nature Play Days

- ▶ 115 events held across Indiana in 2016
- Grow and fill gaps in 2017
- Let's get kids and families outside
- Planning and promotional resources available for free

www.IndianaChildrenAndNature.org





Nature Fun Activities

CHILDREN OF INDIANA



A CELEBRATION OF THE HOOSIER BICENTENNIAL

www.ilovemyland.org

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